

mock it till you
ROCK IT
new mexico

Mock Interviews for High School Students

As part of New Mexico's initiative to increase Youth Career Readiness Opportunities, the Department of Workforce Solutions and New Mexico Workforce Connection Centers encourage high schools around the state to provide mock interview opportunities for students.

The Department of Workforce Solutions has created tools to help you **PLAN, PREPARE, and HOST** a successful Mock Interview event for your students on our website: <https://www.dws.state.nm.us/Mock-It-Till-You-Rock-It>

The goal of Mock It Till You Rock It! is to offer students throughout New Mexico the opportunity to enhance their soft skills, and to help reduce the stress and anxiety that may surround a young person during their first interview, whether it's for college or a career. We hope to boost confidence by acknowledging strengths during interviews, along with providing constructive feedback in a low-stress environment.

Participating schools are responsible for coordinating and hosting their own events, the Department of Workforce Solutions is available for guidance and support. Mock It Till You Rock It! events can be scheduled anytime throughout the school year and can target entire student bodies or individual classes. Once you [register to participate](#), your school's event will be highlighted on the Mock It Till You Rock It! website. Employers and community leaders can see which schools are participating and will be encouraged to volunteer as mock interviewers.

We look forward to your school participating!

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www.dws.state.nm.us/MockItTillYouRockIt
#MockItTillYouRockItNM

New Mexico
Workforce Connection
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